

# ROSE K2 NC™ Keratoconus lens

Nipple Cones





# **Applications**

- Primary indication for advanced and moderate Nipple Cones.
- Normally for moderate to severe cases of Nipple Cones, it can be used for any defined Nipple Cone. Not ideal for significantly decentred cones.
- Not indicated for larger oval shaped cones, pellucid marginal degeneration or Keratoglobus.



Typical Nipple Cone map

### Design

- Very small aspheric Back Optic Zone which decreases as B.C. steepens.
- Front Optic Zone larger than Back Optic Zone.
- Front surface aberration control.
- Very rapid peripheral flattening from Back Optic Zone.
- Precise Edge Lift control: standard, standard flat and standard steep. See peripheral fit section for Edge Lift availability.

#### Parameter range

- BC range: 4.30 to 7.60 mm
- Diameter range: 7.60 to 9.00 mm standard: 8.30 mm
- Power: any

#### Filling Set

- The ROSE K2 NC Lens is available in a fitting set up to 25 lenses.
- Base Curve range 4.6 mm to 7.4 mm. The diameter of the trial lenses progressively increases from 8.1 mm on the steepest trial lens to 8.9 mm on the flattest trial lens.
- The power of the trial set lenses increases proportionately as the base curve steepens.



Front surface aberration control design





## ROSE K2 NC Filling Procedure

- Pre Fitting Examination diagnose the type of cone and assess the patient's history and suitability. If not a Nipple Cone, then use a standard Rose K2 keratoconus diagnostic fitting set
- Topical Anaesthetic topical corneal anaesthetic is recommended for new fits to reduce tearing for more accurate fluorescein assessment.

#### **Initial Base Curve Selection**

- For mild to moderate cases (where mean K reading is flatter than 6.0 mm), select a first trial lens 0.2 mm steeper than mean K.
- For advanced cases (where mean K measures between 5.1-6.0 mm), select a first trial lens equivalent to the mean K reading.
- For severe cases (where the mean K reading is steeper than 5.0 mm), select a first trial lens 0.3 mm flatter than the mean K reading.
- If using a corneal topographer, select the first trial lens based on the mean 3.0 mm sim Ks and apply the same rules as above.

### **Central Fit Evaluation**

Allow sufficient time for the lens to settle down on the cornea and install a small quantity of fluorescein. Allow any fluorescein to dissipate from the front surface of the lens. Evaluate the lens immediately after the blink and when the lens is centralised. Ensure the patient is looking straight ahead before assessment. Ideally, look for light apical touch over the cone apex. Try steeper or flatter trial lenses until this is achieved. A blue filter will allow better fluorescein assessment.



Nipple Cone, optimum fit

#### **Filling Tips**

- 1. Get patient to look straight ahead
- 2. Lens must be centralised
- Assess fluorescein after the blink
  Blue filter allows accurate assessment
- 5. Look for light apical touch

### Peripheral Fil

The peripheral fit is assessed along the horizontal meridian when the lens is centralised. The peripheral fluorescein band should be 0.5 to 0.7 mm wide, indicating optimum edge clearance. Use the Edge Lift scale to achieve the optimum edge clearance. The design is available in three standard edge lift options. These include standard, standard flat and standard steep. The full range of edge lift options extends from -1.5 steep lift to +3.0 flat lift in any 0.1 increments.









#### Filting Tips

- 1. Assess Edge Lift along horizontal meridian
- 2. Lens must be centralised
- 3. Assess fluorescein after the blink
- 4. Optimum Edge Lift 0.5-0.7mm wide.

Excessive Edge Lift

Tight Edge Lift.

Optimum Edge Lift

### Diameter

- The optimal total diameter will achieve an interpalpebral fit with capillary lid attachment. The lens should slightly hang off the upper eyelid.
- The standard diameter is 8.3 mm. Typically for steeper Nipple Cones a smaller diameter is required and for flatter Nipple Cones, a larger diameter is required.

#### **Filling Tips**

- 1. Increasing diameter improves lens stability.
- 2. Consider larger diameters for flatter nipple cones
- 3. Consider smaller diameter for steeper cones
- 4. Aim to hang the lens off upper eyelid.

### Location

- Lens location should provide good pupil coverage.
- Low locating lenses can be encouraged to ride up by flattening the BOZR, increasing the Edge Lift and/or increasing total lens diameter.
- To correct high locating lenses, the BOZR can be steepened, the Edge Lift decreased, and/or the total lens diameter decreased.



Low locating lens on Nipple Cone

#### **Filling Tips**

- If lens is locating low:
- 1. Flatten base curve
- 2. Increase Edge Lift
- 3. Increase diameter
- 4. Or combination of all three.

## Movement

- Optimal movement should be 1.0 to 1.5 mm on the blink to ensure good tear exchange beneath the lens.
  Lens movement is affected by changes in the Edge Lift.
  Increased Edge Lift gives more lens movement, decreased Edge Lift less movement.
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#### **Filting Tips**

- 1. Optimum movement 1-1.5 mm on the blink
- 2. Increase Edge Lift to increase movement
- 3. Decrease Edge Lift to decrease movement.

